



## Sandown Recreation Senior Coffee Hour

**When:** Tuesday, September 21<sup>st</sup>

**Time:** 10:00 – 11:30 A.M.

**Where:** Ed Garvey Recreation Facility. 25 Pheasant Run Drive, Sandown

**Who:** Sandown Seniors ages 60 and beyond.

**Why:** Why not? Don't sit home wondering, come see for yourself!

Join Sandown Recreation as it hosts an informal gathering for those ages 60 and more seasoned (spicy or mild, all are welcome!) You bring your coffee, tea or beverage of choice, and we'll provide some light snacks! You don't need to register, more of a 'drop in' type of thing. BUT.... we sure wouldn't mind if you DID want to call 887-1872 or email us to: [recreation@sandown.us](mailto:recreation@sandown.us) so we will have an idea on how many to plan for. We sure wouldn't mind that at all! Last minute? No worries...just drop in!

A time to socialize, meet others and to get out of the house! Play a game of cards or Cribbage, Checkers, Dominoes. Chess anyone? Gab to your hearts content! Nothing like a good 'chin wag' as Australians are fond of saying. Have a few laughs. Talk about sports or the weather! Let's see if you'd like this as a regularly monthly event. Future Coffee Hours will be moving to Wednesdays (after the first one) to make way for Senior Exercise on Tuesday mornings from 11 A.M. to 12 Noon. Stay tuned for that too!!

Masks are not required at this time however please feel free to wear one particularly if you are not vaccinated or just feel more comfortable doing so. If you have any signs of illness (fever, cough, etc.) please remain home,