



WHAT DOES THE VIC GEARY SENIOR CENTER HAVE TO OFFER YOU?

The Vic Geary Drop-In Center, located at 18 Greenough Road in Plaistow is YOUR area senior center. The towns of Atkinson, Danville, Hampstead, Kingston, East Kinston, Newton, Newton Junction, Plaistow and Sandown comprise the area that makes up the Vic Geary District. Programs and activities take place throughout the week.

Rockingham Nutrition and Meals on Wheels provides a van for area clients to ride to the Vic Geary Center for lunch OR call ahead and drive yourself for a daily nutritious hot lunch for a suggested donation of \$2 per meal. Call Emily Low, Site Manager at 603-382-5995 to register.

BENEFITS DISCUSSED: On Feb. 10, 2012 from 1-3 PM at the Manchester V.A. Medical Center, 718 Smyth Rd., Manchester there will be a program on Veterans Benefits. Among the topics discussed will be retirement benefits; disability; Medicare and Social Security Benefits. To register for this workshop please call Kristin Maxwell at 603-624-5812 and bring your DD214.

FREE TAX PREPARATIONS Trained volunteers will be offering free tax reparations at the Vic Geary Senior Center every Wednesday and every other Monday from 9 AM to 12 noon starting Feb. 1st to April 16th. Appointments are required. Call Joyce at the center at 503-382-9276 for an appointment as soon as possible. Please bring your 2011 tax records, previous 2012 tax returns and a check or account number if you want your refund automatically deposited in your account. For additional information go to www.aarp.org/taxaide or call Bob Casey at 603-362-8776. These preparation sessions are free and open to all low and moderate income individuals (no businesses).

HEARING SERVICES Northeast Deaf and Hard of Hearing Services, 57 Regional Drive, Unit D, Concord, NH 03303 has applications for anyone to apply for equipment at little to no cost. To qualify you must be a resident of New Hampshire, have a certified professional verify your disability and have a residential landline phone service in your home. To request an application please call 603-224-1850 or via email at orequipmenet@ndhhs.org

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programs and activities

BINGO

Bingo is every Tuesday and Thursday at 1:00 PM. 5 center card for the pot.

CARD PLAYERS GROUP

Meets every Tuesday and Thursday morning from 10 AM to 12 Noon. All new players welcome.

FITNESS

Friday Fitness Classes from 8:45-9:45 AM. \$5 per class.

FOOT CARE CLINIC

Held on the 2nd and 4th Tuesday of the month. Appointment required. Call Rockingham Visiting Nurse for an appointment at 432-7776.

KNITTING GROUP

Meets every Thursday at 9:30 AM.

DAILY ACTIVITIES

Cards, board games and pool every day.

BOARD OF DIRECTORS

Vic Geary Board of Directors Meetings are held the 2nd Thursday of the month at 8:30 AM at the center.

DIRECTIONS: From the Sandown Town Hall on Main Street travel 7 miles south on Route 121A. Turn right onto Danville Road (just a few yards after Bradford Shoe). Take your 3rd right onto Greenough Road. The Vic Geary Center is less than one-half mile on your left. It is a one-story yellow building with parking in the front and the rear.

CONTACT:

To contact the Vic Geary Center please call 382-9276.